

CURRICULUM VITAE

HEMLA D. SINGARAVELU, Ph.D. LPC, MCC

Professor

Department of Professional Counseling

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EDUCATION

Ph.D., Educational Psychology-Counselor Education (CACREP)

Southern Illinois University at Carbondale, October, 1998

Dissertation: Culture Specific Comparative Study of Influencing Factors Related to Career Decision and Persistence: International vs. Domestic Students." A Quantitative Research

M.S., Economics-Monetary Economics

Southern Illinois University at Carbondale, 1992

B.S., Economics

Southern Illinois University at Carbondale, 1986

TEACHING EXPERIENCE

Department of Professional Counseling, Webster University, MO

Professor (January 2013-present). Responsible for teaching graduate-level courses, supervising MA field experience students, student evaluation, complete academic advising, research, service, and committee work.

Professor and Chair (Janua0e0 T

Assistant Professor (Fall 2000 – Spring 2005). Responsible for teaching graduate-level courses, supervising MA and Ph.D. practicum students, student evaluation, complete academic advising, research, service, and committee work. Appointed to Graduate Faculty with Ph.D. Mentor status in December 2001.

Courses taught:

COUN 5700: Lifestyle and Career Counseling
 COUN 5100: Social and Cultural Foundations
 COUN 5600: Techniques of Group
 COUN 6100: Practicum
 COUN 6500: Internship
 COUN 5020: Foundations of Counseling
 COUN 5580: Human Sexuality and Sexual Counseling
 COUN 5160 Special Topics: Counseling LGBTQ Clients
 CFT 522: Introduction to Counseling and Family Therapy (3 credit hours).
 CFT 574: Prevention and Enrichment (3 credit Hours).
 CFT 533: Assessment Methods in Counseling (3 credit hours).
 CFT 520: Career Counseling and Development (3 credit hours).
 CFT 500/501: Foundations of Guidance (3 credit hours).
 CFT 577: Foundations of Multicultural Counseling (3 credit hours).
 CFT 540: Practicum in Counseling (3 credit hours).
 CFT 544/545: Internship in Counseling (3 credit hours).
 CFT 650: Transitions in LGBTQI individuals, couples, and families: An affirmative approach. (3 credit hours).
 CFTI 677: Cultural, Social, and Family Systems (3credit hours).
 CFTI 685: Clinical Supervision (3 credit hours)
 COU 614 Diversity and Multicultural Issues in Counseling (3 credit hours).
 COU 652 Career Development (3 credit hours)
 COU 665 Research Seminar in Counseling (3 credit hours)
 Independent Study: Career Development issues in Individuals, Couples and Families (3 credit hours – Fall 2004)

Dissertation Chair of Doctoral Candidates at Saint Louis University

Karen Dobritzky, "Same-sex marriage of lesbian couples and their presentation to marital therapy: Do we treat them like opposite-sex couples. May, 2014.
 Jessica Chou, "Social Support as a Protective Factor for Pre-Migration Experience, Acculturative Stress and Post-Migration Health". Defended, December 2013
 Jennifer Self, "Experiences with Dual-Earner Couples with Career Decision-Making" Defended, April 2012.
 Keith Clemson, "High Risk Sexual Behavior of Gay Men." Defended, 2010.

Joan Benz, "Adults Who Witnessed Domestic Violence as Children." Defended 2010.

Sara Garrow-Reubelt."Exploration of Cross-Cultural Couples' Adjustment: Iranian Women Married to European-American Men." Defended 2009

Linda Doxtator, "A Critical Theory Study of Mental Health and Sociological Problems within First Nations Communities As Perceived by the Rosebud Lakota Sioux", Defended, 2008

Pearl Campbell, "Sexual Violence in the Lives of Lesbian Rape Survivors", Defended, 2008

Van A. Vaughn, "What is the Basis for White School Counselors' Assumptions of their Multicultural Counseling Competency." Defended, 2007.

Danilea Werner, "School Crisis Preparedness: An Analysis of School Counselors in Missouri." Defended, 2007.

Carol Austin, "Typically Unique: Learning Disabilities Through Parental Eyes." Defended, 2006.

Department of Guidance and Counseling, Southwest Missouri State University, MO.

etc.

Expanding Horizons, Fitchburg State University, Massachusetts.

Coordinator of Career, Counseling and Mentor Programs (February 1998- July, 1999): Responsible for providing clinical/counseling services and programs for first generation, low-income, and college students' with disabilities developmental needs. This includes personal counseling, career exploration, decision-making, assessments, and job-seeking skills. Provided on-going individual and group counseling. Conducted several workshops and seminars. Coordinated all aspects of the Peer and Faculty Mentor Program involving faculty, staff and students at the college. Responsible for managing a portion of the department's budget and supervising staff. Services were provided through the university counseling center.

Selected to attend Penn State Training Institute's:

. San Antonio, TX., November, 1998. Was provided a scholarship.
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university but provided services for the community at-large.

Wellness Center, Southern Illinois University, IL.

Counselor (1992-1993)

PROFESSIONAL PRESENTATIONS

International

Cheah, W. H., Karamehic-Muratovic, A. & Singaravelu, H. (2019, July).
 . World Communication Association (WCA) Conference,
 Wellington, New Zealand.

Cheah, W. H., & Singaravelu, H. (2017, August).
 . The Culture and
 Education Division for presentation at World Communication Association
 2017, Bishkek, Kyrgyzstan.

Cheah, W. H., & Singaravelu, H. (2016, June).

Panel paper presented to the LGBTQ Studies Interest Group at the 66th
 Annual Conference of the International Communication Association (ICA),
 Fukuoka, Japan.

Chittooran, R., Stiles, D. & Singaravelu, H. (June 2015). Educating
 for social justice: Perspectives from three professional programs in the
 USA. International School Psychology Association Conference, Sao
 Paulo, Brazil.

Stiles, D., Chittooran, R. & Singaravelu, H. (June, 2015).
 Incorporating children's rights in school psychology programs.
 International School Psychology Association Conference, Sao Paulo,
 Brazil.

Singaravelu, H. (2013). Existential conflicts in sexual orientation
 and identity development. Counseling and Psychology Conference,
 Webster University – Geneva, Switzerland.

Singaravelu, H.D., Garrow-Reubelt, S. & Bringaze, T. B.(2006).
 Empowering refugee/new immigrant clients in counseling through the use
 of interpreters

in
 Montreal Quebec Canada.

Singaravelu, H.D., Murray, S. & Pettinelli, J.D. (2006). The
 reconciliation of sexual orientation with religious beliefs.

in Montreal Quebec Canada.

Singaravelu, H.D. (2005). Counseling International Students Studying Abroad. Illustration of Imaginative Counseling Practices in an International Context: Florida.

Singaravelu, H. D. (2005) "Cultural differences in how families adapt to their child with a disabling illness". The 4th International Conference on Castello Syndrome,

Wynn, Richmond, Singaravelu, H. & Samuel Sanabria (2013)
"Intersectionality of Identity: A Dialogue with Queer People of Color, Part
2" American Counseling Association, San Francisco, CA.

Wynn, Richmond, Singaravelu, H. & Samuel Sanabria (2012).
"Intersectionality of Identity: A Dialogue with Queer People of Color"
American Counseling Association, Cincinnati, OH.

Singaravelu, H. & Pope, M & Wynn, R. & Samuel Sanabria (2013)
"Intersectionality of Identity: A Dialogue with Queer People of Color, Part
2" American Counseling Association, San Francisco, CA.

Singaravelu, H., Bringaze, T., and Eagleson, M. (June 2000). "Parent involvement in undecided students' career decision making: A workshop". Presentation at the _____, Pittsburgh, PA.

Singaravelu, H. & Bringaze, T. "Lesbian leaders and role models' career and sexual identity development. Presented at the _____'s _____ in Pittsburg, Arizona, June 28-30, 2000.

Singaravelu, H. D. & Sales, B. (April, 1999). "Students with disabilities as Mentors and Mentees". _____, Atlanta, GA.

Singaravelu, H. D. (March, 1998). "Career certainty and persistence of international and domestic student populations". _____, St. Louis, MO.

Singaravelu, H.D. (July, 1998). "Asian and Non-Asian International Students' Career Certainty and Persistence". _____, Chicago, IL.

State

Garrow-Reubelt, S., Brown, C.; Singaravelu, H. (2007). "Cross Cultural Issues of Intermarriage in Counseling: Implications for Counselors". Missouri Marriage and Family Therapy Association, St. Louis, MO

Singaravelu, H. D. "Diversity in sexuality: A workshop for helping professionals." Two-day workshop sponsored by Southwest Missouri State University, Forest Institute, AIDS Project of the Ozarks, at Forest Institute of Professional Psychology, Springfield, Missouri, November, 2000. Co-creator of this two-day workshop with CE hours for mental health professionals, clergy, school counselors and nurses in the state of Missouri.

Singaravelu, H.D. "Counseling Curriculum in the United States" In invited by the World Affairs Council in St. Louis to speak to professionals and program directors from Saudi Arabia. This is part of an exchange program put on by the U.S State Department, April 5, 2005

Invited Presentations/Training

Choi, K.M.; Van der Boom, C.; Sharma, G.; Singaravelu, H. & Lee, C. (June 24, 2017). LGBT rights around the world: the Netherlands,

Taiwan, South Korea, India, and Malaysia. SF Cross-Cultural

Southwest Missouri State University, June, 2000.

PUBLICATIONS

Book

Singaravelu, H.D. & Pope, M. (2007). Handbook for Counseling International Students in the United States. VA: American Counseling Association Press.

Refereed Journal Articles

Cheah, W. H., & **Singaravelu**, H. (2017). The coming-out process of gay and lesbian individuals from Islamic Malaysia: Communication strategies and motivations. (5), 401-423.
doi: 10.1080/17475759.2017.1362460

Chittooran, R., Stiles, D. & **Singaravelu**, H. (June 2015). Educating for social justice: Perspectives from three professional programs in the USA. International School Psychology Association Conference Proceedings, Sao Paulo, Brazil.

Reubelt, S., **Singaravelu**, H., Brown, C., Daneshpour, M., (2015). Exploration of Cross-Cultural Couples' Marital Adjustment: Iranian-American Women Married to European-American Men. Current Psychology, (DOI) 10.1007/s12144-015-9312-3.

Cheong, E. & **Singaravelu**, H (under review). Feminist art therapy with LGBTQ youth. British Journal of Art Therapy.

Sullivan, C., Pope, M., Coker, A., Kashubeck-West, S., **Singaravelu**, H., (under review) The Role of Home and American Cultural Identification on the Acculturative Stress Experienced by International Students in the United States. Journal of Counseling and Development.

Singaravelu, H. & Miller, B. J (re-submitting). Women loving women: Understanding the contextual landscape of lesbian couple relationships. Journal of Feminist Studies.

Singaravelu, H., & Gilje, B., (in progress). International students sojourning in the U.S. with their families: A neglected group?

Singaravelu, H. D., Garrow, S., & Chittooran, M. M. (re-submitting). Cultural and ethnic differences in psychosocial aspects of aging: The case of an

elder Iranian immigrant woman. International Journal for the Advancement of Counseling

Singaravelu, H. D., White, L., and Bringaze, T. B. (2005). Factors influencing International Student's career choice: A comparative study. Journal of Career Development, 32.

Pope, M., Barret, B., Szymanski, D. S., Chung, Y. B., **Singaravelu**, H., McLean, R., & Sanabria, S. (2004). Culturally appropriate career counseling with
S i n g a r

Chittooran, M. M. and **Singaravelu**, H. (2004). International Children in American Schools: Guidelines for Educators. In A. S. Canter, L.Z. Paige, M.D. Roth, I. Romero, & S.A. Carroll (Eds.). Helping Children at Home and School II: Handouts for Families and Educators (pp.S7-39 - S7-42). Bethesda, MD: National Association of School Psychologists (NASP). This is the largest selling NASP publication.

Singaravelu, H. D. and Bringaze, T. B. (2003). Parent's involvement in adolescent's career decision process. In C. F. Sari & L. Hecker (Eds.), The therapist's notebook for children and adolescents: homework, handouts, and activities for use in psychotherapy. New York: Haworth Press.

Non-Refereed Journal Articles, Book Chapters, Prints

Singaravelu, H. (2009). Program Report: Schooling Counselor K-12. Submitted to the Missouri Department of Elementary and Secondary Education and the National Council for Accreditation of Teacher Education DESE/NCATE Accreditation

Singaravelu, H. D. (2002). Response to Shahri: The case of the international student. In S.Niles, J. Goodman, and M. Pope (Eds.), The Career counseling casebook: A resource for practitioners, students, and counselor educators (pp. 125-128).OK: National Career Development Association

Singaravelu, H. D. (December,1996). An educated approach to career counseling. Career Developments, p 6. (newsletter)

RESEARCH

Current:

. Co-investigator Dr. Cheah Wai Hsien, Speech Communication Department, Southern Illinois University at Edwardsville. IRB approved.

Co-investigator Dr. Kelly Yu-Hsin Liao, Assistant Professor, Division of Counseling and Family Therapy, University of Missouri- St. Louis . IRB approved

Completed Research:

. Completed in 2004; IRB approved research with co-investigator Dr. Tammy Bringaze at Truman State University.

GRANTS

Beumont Grant \$3000. not awarded

2004-2007 **Editorial Board Member** for the Journal of Counseling and Development. A prestigious flagship journal of the American Counseling Association.

State

2007-2012 **Lavender Lotus.** President. GLBTI support network for Asian and Pacific Islanders for the City of St. Louis

2000-2014 **Department of Elementary and Secondary Education's (DESE) meeting with Counselor Educators in Missouri.** Attended nine two-day meetings as a Saint Louis University representative.

University

2015-present **Senator, Webster University.** Two appointments

2015 **Dean Review Committee**

2015-16 **Women and Gender Studies, Webster University.** Non-elected member. Open House Spring 2015 co-organizer

2010-2012 **Senator (second appointment), Saint Louis University Faculty Senate**

2010 **Faculty Senate Task Force.** Evaluation of the re-organization of the Office of the Provost

2010 **Judge,** Research Symposium, Graduate Student Association, Saint Louis University

2009 **Keynote Speaker.** Faculty & Staff Professional Development. University level presentation on "Empowering international students: Best practices" Sponsored by office of the Provost

2009 **Case Consultant for Student Health Services Counseling Center.** Working with international students' adjustment issues on campus

2009 **Workshop presenter.** International Students Orientation Week.

2009 summer **President's Task Force for International Students**

2007-2010	Senator (elected), Faculty Senate
2007-present	International Initiatives Committee
2007-2008	Affirmative Action and Diversity Committee
2007-present	International Faculty and Staff Association
2006-2007	Minority Retention Committee, Saint Louis University
2004-2006	Faculty Development Committee, Saint Louis University. This committee is a sub-division of the Faculty Senate.
2003-2005	Graduate Council, Saint Louis University. Policy-making body for graduate programs.
2004	Judge, Research Symposium, Graduate Student Association, Saint Louis University.
2002-2004	Graduate School Representative at Dissertation Defense, Saint Louis University. Monitored three doctoral defenses in the Department of Psychology
2002	Panel of Experts, Institute for Refugee and Immigrant Studies, Saint Louis University. Served on the panel evaluating the content validity of a survey for a research on Bosnian Refugees.
2002	Guest Speaker for Career Services staff development, Saint Louis University on working with diverse populations.
2000	Diversity Committee, Southwest Missouri State University
2000	Faculty Awards Committee, Southwest Missouri State University
2000	Vocational Teacher/Counselor Advisory Committee, Southwest Missouri State University
1999	Portfolio Leadership Team, Southwest Missouri State University

College

- 2010-2011** **Dean Search Committee.** Appointed by the VP. Saint Louis University
- 2005-present** **Rank and Tenure Committee.** Responsible for reviewing tenure dossier for promotion and tenure at the Associate and Full Professor level. Saint Louis University
- 2010-present** **Educational Unit Committee.** Representing School Counseling. Saint Louis University
- 2007** **Dean Search Committee.** Appointed by Provost. Saint Louis University
- 2004-2005** **Regionwise Steering Committee.** Saint Louis University
- 2003-2007** **Institutional Review Board (IRB) sub-committee, Saint Louis University.** Serve on this College of Public Service sub-committee reviewing protocols. Saint Louis University
- 2002** **Academic Affairs Committee,** Saint Louis University. Served
- 2001-present** **Governance Council. College of Public Service.**
- Department**
- 2016-present** **Clinical Coordinator, Webster University**
- 2015** **Curriculum Committee Member, Webster University.**
- 2015** **Ad hoc Admission Committee member, Webster University**
- 2013-2015** **Chair of 9 Faculty Search Committees for positions in WEBG, South Carolina, and Florida (2013- 6 searches), 2014- 2 searches; 2015 – 1), Webster University**
- 2013-2014** **Admissions committee, Webster University**
- 2013-2014** **Faculty annual review, Webster University**
- 2014** **CACREP Liaison/Self-Study Writer, Webster University**
- 2011** **Chair of Third Year Tenure Track Review Committee, Saint Louis University**

2010 **Chair of Faculty Search Committee, Saint Louis University**

2010-2012 **Multicultural Certificate Program Developer.** In the
process of developing this cross discipline certificate

- 2002-2005** ***Careers in the Field of Counseling***, Saint Louis University. Organized this yearly panel presentation/discussion for Masters-level students in the Department of Counseling and Family Therapy.
- 2002-present** **Coordinating Committee for the Commission on Accreditation for Marriage and Family Therapy Education**, Saint Louis University.
- 2001** **Faculty Search Committee**, Saint Louis University. Serve on the search committee for one new faculty member.
- 2000-present** **New Student Interviews**, Saint Louis University. Participate in the department of Counseling and Family Therapy's bi-annual Masters and Doctoral student interviews.

Community

